FEEDING TECHNIQUES AND ADAPTATIONS IN FEEDING

Reference: Awareness-Cum-Training Packages In Disability, Training In Daily Living Skills And Managing Difficult Behaviours. Unit-5, IGNOU School Of Continuing Education



Holding the baby in halfsitting position on your lap to feed him, with his head, arms and legs forward







Using an infant seat to bring the child to half-sitting position. Keep the food in front of the child.



Using a wedge to bring the baby in half-sitting position



The child wearing the hand band which holds the spoon







The grab bar helps to reduce involuntary movements during self-feeding and provides stability