

An Aware Care Giver's Pledge

I am an aware caregiver.

- ✚ I see myself as a guard of the rights of people with disability.
- ✚ I respect all people. I believe that people with disability are like all people are people first.
- ✚ As a duty bearer and guard of the rights of people with disability I will respect all people.
- ✚ I will respect their choices and their decisions regarding their own lives.
- ✚ I will support their needs in the manner that they want as long as it is not to harm anyone else.
- ✚ I will ensure that no harm comes to them because of my actions or inactions.
- ✚ I will ensure that others also respect them the way I do.
- ✚ I will keep them informed about what I am doing and not make impulsive and sudden decisions
- ✚ I will seek support when I do not know what to do to support the person I work with
- ✚ I will keep what I know about the person in confidence
- ✚ I will respect the privacy of all people
- ✚ I will not exploit anyone or use their resources for my personal gain
- ✚ I will not humiliate anyone



aadi



 I will not make fun of anyone

 I will not make judgments about anyone

I will not

- Be judgmental
- Be directive
- Be over emotional
- Seem preoccupied
- Take charge
- Put pressure
- Make promises we cannot keep
- Tell people to forget things
- Say everything will be alright
- Intrude on another person's space
- Flood people with information
- Label or exclude people

I will

DO NO HARM

- Recognize and challenge my judgments
- Recognize and include all people
- Listen and try to understand
- Show a positive respectful interest in the person
- Ask questions sensitively
- Seek permission
- Be with the person when needed



I will ensure

- **Control:**
- By providing information
- By not taking over decision making
- Be creating choices
- **Dignity:**
- By respecting people
- By listening to people
- By being non judgmental
- By monitoring risks
- **Purposefulness:**
- By providing information
- By enhancing skills to resume life
- By creating opportunities
- **Togetherness:**
- By forming safe and consistent relationships
- By building community support

