Saarthak AADI Tips to ensure togetherness

What should you do to ensure togetherness?

Remember people with disability have a right to be with other people and should not be isolated.

Support the person you are working with to be together with their family and friends

- By supporting him/ her move to the same room where the rest of the family are
- By supporting the person communicate with people visiting the home
- By getting the phone to the person when required
- By supporting the person interact by ensuring that they are seated comfortably when trying to be with the family and friends
- By supporting the person interact by ensuring that they can make eye contact when seated
- By supporting the person to use aids and adaptations to be able to communicate
- By supporting the person to remember events, birthdays, family functions so that he/ she can look forward and prepare to participate in these
- By preparing for events and family functions so that there are no other appointments for the day

What should you do when the person wants to interact with strangers and other people in the community?

- Supporting him/ her to reach the venue for such a meeting
- Making sure that the person gets acknowledged by people they are trying to interact with
- Supporting the person to interact if the people they are interacting with have an initial difficulty
- By supporting the person to have access to information regarding meetings and events

What should you not do to ensure that the person experiences togetherness?

- Leave the person out of a conversation that you are having with others around them
- Leave the person alone when he/ she wants you to be around
- Stop the person from saying what they want
- Instill fear in him/ her regarding the situations in which interaction is possible
- Refuse to take him/ her to events and functions because it will mean increased work for you
- Speak on the person's behalf
- Take over the relationships with the person's friends and use that relationship for your own benefit