

Sahyogi Caregiver Level I Checklist for Internship Skills and Situations

Name of the Sahyogi.....

In your internship you should get the experience of providing assistance to Persons with disability in the following areas

Supporting Independent Living with dignity

Supporting the person to have control over their decisions

Promoting choice

Living life fully in the community

Supporting With shopping

Supporting With housework

Moving and transferring with in the home

With food preparation and cooking

Supporting to eat

With physiotherapy exercises (Level II)

With medication (Level II)

With finances (Level II)

With correspondence (Level II)

With maintaining a house

Personal care

Getting in and out of bed

Dressing and undressing

Washing

Bathing/ showering

Shaving

With hair, skin, nails, feet, eyes

To use the toilet

To use a commode

To use a bottle

Continence

With a catheter (Level II)

With colostomy bag (Level II)

Equipment

With wheelchairs

With a hoist (Level II)

With Computers (Level II)

Other equipment such as.....

I speak the following languages.....

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Please list any others skills not already mentioned:

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Please tell me about any other experience you have had that you think might be important

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Signed:.....

Date:.....

